

Students Who Were Overweight or Obese, by Year and Grade, Maine, 2001-2011

High School				
Year	Overweight		Obese	
	%	95% CI	%	95% CI
2001*	14.4	11.6 – 17.6	10.4	8.5 – 12.5
2003*	14.6	12.5 – 16.9	12.8	10.8 – 15.2
2005*	14.4	12.2 – 17.0	10.9	9.2 – 13.0
2007*	13.1	10.9 – 15.6	12.8	10.4 – 15.7
2009	13.8	13.2 - 14.4	12.0	11.2 - 12.7
2011	15.9	15.2 - 16.6	12.9	12.1 - 13.8
US 2009*	15.8	14.7 – 17.0	12.0	10.9 – 13.1

Middle School				
Year	Overweight		Middle School	
	%	95% CI	%	95% CI
2009	15.6	NA	10.1	NA
2011	20.1	NA	15.5	NA

5th & 6th Grades				
Year	Overweight		Middle School	
	%	95% CI	%	95% CI
2009	17.7	NA	15.8	NA
2011	19.6	NA	23.8	NA

Data Source: Maine Integrated Youth Health Survey (2009-2011), Maine Youth Risk Behavior Survey (2001-2007), US. Youth Risk Behavior Risk Survey (US 2009)

*There are slight differences between methodologies between the Maine Integrated Youth Health Survey and the Maine Youth Risk Behavior Survey, and therefore the data from these difference sources may not be directly comparable. Middle school includes 7th and 8th grades.

Based on student report of height and weight. Overweight includes students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data. Obese includes students who were \geq 95th percentile for body mass index, by age and sex, based on reference data).

All percentages are weighted to be more representative of the population of Maine students and to adjust for non-response. 95% CI = 95% Confidence Interval.

NA = not available. Data before 2009 and US comparisons are not available for Middle school or 5th/6th grades